



Ageing with Grace

Saturday 15th February 2020

9:00 am – 1:30 pm

*At St Andrew's Anglican Church,
Tea Gardens*

*Caring for the body, mind, soul and spirit;
Preparing for what's next*

*For those entering their aged years and for any who may
be in the position of caring for an elderly family member.*

Guest presenters:

*Revd. Peter Adkins, Dr Richard Morrison,
Dr. Steve Sylvester -GP, John Webb -Counsellor
& Phillip Young -Solicitor*

** Morning tea & lunch included **

*Please express your interest and reserve your place
4997- 1869 / standrewsoffice4@bigpond.com*

*"Life is like a roll of toilet paper.
The closer you get to the end, the faster it goes."*